IDD & Dementia: Essential Skills Workshop Series

Sponsored by





The workshop will be held online over four (4) consecutive sessions. Information in each session will build on the session before it..

Sesions will be recorded and a link to recording provided to all registered participants following the session for those unable to attend the live sessions.

Tuesdays, 1:00 pm – 2:30 pm ET February 21, 28 and March 7 & 14, 2023 \$99.00 per person for all 4 sessions

Register Online Today!

This popular workshop is for all IDD or aging agency staff with direct or ancillary care responsibilities for adults with IDD at risk of or diagnosed with Alzheimer's disease or a related dementia. Family members are also welcomed to attend*. Attendees will learn:

- How to recognize the onset of dementia in an adult with IDD using the NTG's FREE Early Detection & Screening for Dementia (EDSD) tool
- Down syndrome and Alzheimer's disease increased risk and how it presents differently in adults with Down syndrome than in the general population
- What is 'regression' in younger adults with Down syndrome and why it should not be diagnosed as Alzheimer's
- Guidelines and testing protocols for diagnosing dementia in a person with IDD
- Aging, autism, and dementia
- How your program services will need to be modified to support your consumers with dementia
- Medical conditions common in IDD that look like dementia but are potentially treatable
- The 4 most common causes of challenging behaviors and how to avoid them:
- Communication techniques to avoid confrontations
- Appropriate vs. inappropriate use of antipsychotics for managing behaviors
- Techniques to manage resistance to bathing, wandering, loss of interest in eating, wanting to go home, sundowning, etc.
- Easy and inexpensive modifications to support function and independence in group homes and other congregate settings

*A limited number of scholarships are available for family caregivers. Contact Kathryn Pears for more information at <u>dementiacare@qwi.net</u>.

This workshop is based on the National Task Group on Intellectual Disabilities & Dementia Practices (NTG) highly rated national model training curriculum on dementia capable care of adults with I/DD.

Reserve your spot today! You will receive information on how to join the workshop in your confirmation email. Don't Delay!!

Click here to Register Online

Or copy and paste into your browser:

https://us02web.zoom.us/webinar/regist er/WN_aA9JpEdtQv6WIm96ky7qwg



A certificate for 6 contact hours will be awarded.

About the Trainer:

The workshop will be led by Kathryn Pears, MPPM. Ms. Pears is a nationally recognized expert on the behavioral and psychiatric symptoms of dementia (BPSD) and a popular trainer who has over 30 years of personal and professional experience in the field of dementia. Ms. Pears is principal of Dementia Care Strategies and vice-president of the National Task Group on Intellectual Disabilities and Dementia Practice's (NTG). She is also co-chair of the NTG's training and education committee that developed the national model curriculum on which this workshop is based. She is also colead trainer for NTG workshops. Ms. Pears' clients have included the Maine Dept. of Health & Human Services, the Maine DD Council, the Maine Long Term Care Ombudsman's Office, Trinitas Regional Medical Center in NJ, and the University of Nebraska Medical Center. She lives in Aiken. SC.

Questions?

Kathryn Pears, MPPM Dementia Care Strategies Email: dementiacare@gwi.net